

Joshua D. Lesko

EDUCATION

Naval Medical Center Portsmouth , Portsmouth, VA Ultrasound Fellowship	2023-present
Naval Medical Center Portsmouth , Portsmouth, VA Emergency Medicine Residency	2019-2022
Naval Aerospace Medical Institute , Pensacola, FL Flight Surgery Primary Course	2016-2017
Naval Medical Center Portsmouth , Portsmouth, VA Emergency Medicine Internship	2015-2016
Eastern Virginia Medical School , Norfolk, VA Medical Doctorate (MD); US Navy Health Profession Scholarship Program (HPSP)	2011-2015
University of Virginia , Charlottesville, VA Bachelor of Arts, Computer Science	2006-2010

HONORS AND AWARDS

Emergency Medicine Residents' Association <i>Resident of the Year</i>	2022
<i>25 Under 45 Influencers in Emergency Medicine</i>	2021
American College of Emergency Physicians <i>First Place</i> , Resident-Led Project, National QI Challenge	2021
Navy Surgeon General Priority Special Awards <i>Performance</i> , Research Category 1A	2021
Naval Medical Center Portsmouth <i>Intern of the Year</i> , Emergency Medicine Residency	2016
Eastern Virginia Medical School <i>Alumni Association Senior Student Award</i>	2015
<i>Inaugural Outstanding Philanthropic Student Award</i>	2014

CERTIFICATIONS AND SPECIAL COURSES

<i>Commander Amphibious Task Force Surgeon</i> , Naval Surface Warfare Institute	2022
<i>Advanced Readiness Officer Course</i> , Navy Medical Leader and Professional Development Command	2022
<i>Black Belt Certification</i> , Lean Six Sigma	in progress
<i>Intermediate Executive Skills Course</i> , Joint Medical Executive Skills Institute	2021
<i>Departmental Leadership Course</i> , Naval Medical Center Portsmouth (NCMP)	2021

<i>Green Belt, Lean Six Sigma</i>	2021
<i>Advanced Cardiac Life Support Instructor, American Red Cross</i>	2019
<i>Advanced Cardiac Life Support Instructor, American Heart Association</i>	2018
<i>Yellow Belt, Lean Six Sigma</i>	2018
<i>Health Promotions Coordinator, United States Navy</i>	2017-2019
<i>Advanced Trauma Life Support Instructor, American College of Surgeons</i>	2017
<i>Campaign School, American Medical Association Political Action Committee</i>	2015
<i>Basic Certificate, Institute of Healthcare Improvement</i>	2011

LEADERSHIP AND PROFESSIONAL ACTIVITIES

American College of Emergency Physicians

Alternate Councillor, Government Services Chapter 2022-present

American Medical Association

Alternate Delegate, House of Delegates (HOD) 2022-present

Ambassadors Steering Committee 2021-2022

Election Committee, HOD 2021-2022

Resolution Committee, HOD November Special Meeting 2020

Election Task Force, HOD 2019-2021

Inaugural Senior Digital Fellow and Ambassador Liaison 2018-2019

Chair, Ad Hoc Committee on IOP Renewal, Resident and Fellow Section (RFS) 2018-2019

Delegate, Governing Council, RFS 2017-2018

Chair, Committee on Legislation and Advocacy, RFS 2015-2017

Judge, Research Symposium 2015, 2017

Delegate, RFS Delegation to HOD 2019-2021,
2015-2017

Vice Chair, Governing Council, Medical Student Section (MSS) 2014-2015

Member, Committee on Legislation and Advocacy, MSS 2012-2014

Department of Defense

Associate Chief Medical Informatics Officer, NMCP 2023-present

Physician Patient Safety Report Reviewer, Directorate of Quality Management, NMCP 2023-present

Physician Advisor for Performance Improvement, Performance Improvement Committee (PIC), NMCP
2023-present

Supervision Champion, Clinical Learning Environment Review (CLER) Committee, NMCP
2023-present

Officer in Charge, Role 2 Light Maneuver Team Foxtrot, ESB-4 2023

Assistant Officer in Charge, Role 2 Light Maneuver Team Foxtrot, ESB-4 2022-2023

HPSP Professional Review Board, Navy Recruiting Command 2022-present

Physician Customer Service Coordinator, Emergency Department, NMCP 2022

Command Black Belt, NMCP 2022

Lead Black Belt, Discharge Optimization Group, NMCP 2021-2022

Fast Track Director, Emergency Department, NMCP 2022

Informatics Steering Committee, NMCP 2021-2022

Emergency Department Peer Expert, MHS Genesis Transition, NMCP 2021-2022

Resident Representative, ACGME CLER Program, NMCP 2021

Medical Student Coordinator, Emergency Medicine Residency, NMCP 2021-2022

COVID Working Group, NMCP 2020-2021

Personal Protective Equipment Task Force, NMCP 2020

<i>Military Medicine Ambassador Program, Uniformed Services University (USU)</i>	2019-present
<i>Medical Executive Committee, NMCP</i>	2019-2022
<i>ACLS Instructor</i>	2018-present
<i>Clinic Manager, Aviation Medicine Clinic, Naval Air Station North Island</i>	2017-2019
<i>Assistant Professor, Department of Military and Emergency Medicine, USU</i>	2017-present
<i>Mentor, Navy Mentor Circle Program, NMCP</i>	2017-2019
<i>ATLS Instructor, Defense Medical Readiness Training Institute</i>	2017-present
<i>Surgeon General's Digital Vanguard Taskforce, United States Navy</i>	2016-2019
<i>Medical Student Coordinator, NCMP</i>	2015-2016

Medical Society of Virginia

<i>Alternate Delegate, AMA Delegation</i>	2022-present
<i>Delegate, AMA Delegation</i>	2019-2022
<i>Legacy Committee</i>	2019-2021
<i>Board of Directors</i>	2019-2021
	2015-2017
<i>Member, Reference Committee</i>	2016, 2017
<i>Delegate, General Assembly</i>	2015-present
<i>Secretary, Medical Student Section</i>	2014-2015
<i>Vice Chair, Medical Student Section</i>	2013-2014

Eastern Virginia Medical School

<i>Board of Directors, Alumni Association</i>	2020-present
<i>Admissions Committee, Office of Admissions</i>	2020-present
<i>Medical Student Applicant Interviewer, Office of Admissions</i>	2019-2020, 2011-2016
<i>Member, Medical Education Subcommittee, Strategic Planning Task Force</i>	2014-2015
<i>Project Developer, Office of Medical Education</i>	2013-2015
<i>Student Ambassador, Office of Development</i>	2011-2015
<i>President, AMA/MSV School Chapter</i>	2011-2013
<i>Student Liaison, Offices of Admissions, Development, and Student Affairs</i>	2011-2012
<i>Vice President, Class of 2015</i>	2011-2012

Virginia Beach Department of Emergency Medical Services

<i>Volunteer Physician Street Supervisor</i>	2022-present
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Brief19, Daily Coronavirus Research and Policy Analysis

<i>Lead Policy Analyst</i>	2020-2021
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California Medical Association

<i>Delegate, AMA Delegation</i>	2018-2019
<i>Alternate Delegate, District 11, Resident and Fellows Section</i>	2017-2018

Virginia Beach Volunteer Rescue Squad

<i>Lieutenant of Marketing</i>	2011-2017
<i>Board of Directors, Virginia Beach Rescue Squad Foundation</i>	2014-2016

RESEARCH

Abstract Reviewer, Research Competition, Association of Military Surgeons of the United States, 2021

Primary Investigator, Next Generation Junctional Tourniquet, Combat Trauma Research Group (CTRG), 2019-2021

Assistant Investigator, Cric in the Dark, CTRG, 2020-2021

Assistant Investigator, Pelvic Binders, CTRG, 2020-2021

Assistant Investigator, Axillary Junctional Tourniquet, CTRG, 2020-2021

Lesko, Joshua; Aubuchon, Thomas; Palma, James. Auricular Perichondritis and US Imaging. Naval Medical Center Portsmouth Academic Research Competition; Virtual Presentation Secondary to COVID. May 11, 2020.

Lesko, Joshua; George, Taylor; Blais, Felicia. The Duodenum and Back Again: An Unexpected Perforation. Naval Medical Center Portsmouth Academic Research Competition; Virtual Presentation Secondary to COVID. May 11, 2020.

Intubation Success Rates in A Simulated Difficult Airway by EMS Providers Using the Supraglottic Airway Laryngopharyngeal Tube (SALT) Airway Compared With Direct Laryngoscopy. Department of Emergency Medicine, Eastern Virginia Medical School. 2014

Lesko J, Gresham K, Fissel K, Perloff S, Theiss A, Morris D, Trejo A, Sanchez E, Deyerle B, Carrington B, Milano J, Counselman F. Improving Patient Satisfaction Scores in Seven Emergency Departments. Department of Emergency Medicine, Eastern Virginia Medical School. 2013

QUALITY IMPROVEMENT

Inpatient Discharge Improvement and Emergency Department Boarding Reduction
Naval Medical Center Portsmouth, 2022

Emergency Medicine Resident Weekly Academic Lecture Review Optimization
Naval Medical Center Portsmouth, 2020

Flight Physical Coding Defect Reduction
Naval Air Station North Island, 2018

AUTHOR

LLSA Literature Review

A Randomized Trial of Protocol-Based Care for Early Septic Shock

Reviewed by Joshua Lesko, MD, Daphne Morrison Ponce, MD

Citation: The ProCESS Investigators. A Randomized Trial of Protocol-Based Care for Early Septic Shock. *NEJM*. 2014;370(18):1683-1693.; 2015

KevinMD

"The Unsustainable SGR: It's Time to Stop Kicking the Can"; March, 2015